How many of you have ever helped your mom prepare and take a meal to a grandparent or friend? This is a great way for us to show our love for them and to help take care of them.

But, there are some of our older neighbors who don't have anyone to help them or bring them a hot meal.

This is a picture of Ms. Shirley and a volunteer from the Catawba Area Agency on Aging.

This gentleman is bringing Ms. Shirley a meal so that she will have a healthy lunch. Someone from the Agency on Aging brings her a meal everyday during the week. And they take meals to many others who need healthy food. The people who receive the meals not only get food but they know they are loved by their neighbors.

When we give our dimes, we are helping to provide these meals and to show our neighbors God's love.

