



## **#4 PATH in York, food pantry**

**Objects: apple, carrot, potato chips, cookies or a picture of each**

**Good morning boys and girls. I have 4 different foods with me this morning. Let's pretend you are coming in from school or from playing outside and you're hungry. Which food would you choose? Which of the foods are the healthiest? Some of you may have chosen the healthy food and some of you may have chosen the not so healthy food. But, you know what? You have a choice as to what you would like to eat, with your parent's permission, of course.**

**There are some boys and girls who can't choose what they would like to eat because their family may not have enough money to buy a variety of healthy foods. Some of our dimes are used to buy fresh fruits and vegetables so that families will have a choice of healthy foods.**

**This is a picture of some of those fresh fruits and vegetables at PATH in York. Parents who need groceries can go to PATH and they will get the food they need to help take care of their family. I am so happy that our dimes give families a chose of healthy food.**

**(Close with a prayer)**